



## INFORMATION LETTER

**XII International Congress "SPORT, PEOPLE AND HEALTH"  
Dedicated To 300th anniversary of St. Petersburg State University  
to be held in St. Petersburg (Russia) on April 16-18, 2025**

### MAIN SCIENTIFIC DIRECTION OF THE CONGRESS:

*"Trends in the development of sports movement in global sports systems The modern stage of renewal of international sports movement"*

### MISSION OF THE CONGRESS

The establishing of a world-class forum for in-depth discussions on pressing issues facing the international sports movement.

### GOALS OF THE CONGRESS:

- Comprehending the challenges confronting contemporary sports stemming from the crisis and renewal of the international sports movement, identifying solutions, and formulating proposals for overcoming these challenges.
- Establishing key directions for the development of the sports movement within global sports systems.
- Fostering the integration of efforts by the international scientific community, public organisations, and government agencies from different countries to comprehensively address contemporary sports issues, uphold Olympic ideals and principles, promote moral values in world sports, and advance the physical and spiritual-moral development of society.
- Unification of efforts of international and national organisations in systematising and disseminating innovative projects and best practices aimed at the harmonious development of the individual within physical culture, sports, healthcare, and education systems.

### SCOPE, SECTIONS AND PANEL SESSIONS

1. Crisis of the International Sports Movement. Directions for Renewal and Development of the International Competition System.
2. Actualization of Philosophical, Sociological, Culturological, Axiological and Moral-Ethical Components of World Sport and the World "Sport for All" Movement.
3. Pedagogical and Scientific-Methodological Aspects of High-Performance Sport and Sports Reserve Training.
4. Pedagogical and Scientific-Methodological Aspects of Sport for All and Mass Physical Culture.



5. Psychological Support for High-Performance Sport.
6. Current Issues of Adaptive Physical Culture and Sport in the World Sports Movement.
7. Medical Issues of Athlete Preparation, Competition Support, Treatment and Rehabilitation.
8. Medical-Biological Support for Athlete Preparation.
9. Innovative Projects and Best Practices Aimed at the Harmonious Development of the Individual in National Systems of Physical Culture, Sports, Healthcare and Education.
10. Development of Training and Advanced Training of Specialists in the Sphere of Physical Culture and Sports in Modern Socio-Cultural Conditions. Physical Culture in Higher Education Systems of Different Countries.
11. Development of Specialised Physical Culture and Sports Infrastructure and Open Spaces, Safe and Accessible for All Population Groups and Social Strata.
12. Organisational, Legal and Resource Support for the World Sports Movement and the World "Sport for All" Movement.
13. Communications in Sport and Sports Diplomacy. The Role of the Media and Film Industry in Strengthening the Integrity of the World Sports Movement, Preserving Olympic Ideals and Principles, and Moral Values of World Sport.
14. The State and Prospects of Development of Computer and Digital Sports. Digital Transformation of Physical Culture and Sport.
15. Current Issues of Sports Jurisprudence.
16. Professional-Applied and Service-Applied Sports: Actual Issues, Innovative Approaches, Prospects.

## PANEL DISCUSSION

*"Legal issues of sports development under sanctions."*

## ROUNDTABLE DISCUSSION

*"State policy in the field of promoting a healthy lifestyle."*

In the framework of the Congress, an **EXHIBITION** of the Portrait Gallery will be held.

*"SPORT AND ART: THROUGH IMAGES TO VICTORIES"*

(The authors of the canvases are Honored Artists of the Russian Federation, publicists, and public figures Alexander Almazov and Grigory Almazov.)



## OFFSITE EVENT

Provided by the ‘Medical Accreditation Centre’ of the Medical Institute of St. Petersburg State University (St. Petersburg, Korablestroiteley St., 20, 2nd floor).

## REPORTS (OFFLINE\ONLINE): (Requirements for the scientific report articles in Appendix No. 2)

- in plenary sessions – 20-25 min.
- presentation at panel sessions – 15-20 min.
- in sections – 10 -12 min. (leading reports in sections – 15-20 min.)
- poster presentations should be presented on the ISO216 sheet: width -0.841 m, height - 1.189 m. The authors of the poster presentations must be present according to the program for question sessions.

## KEY DATES OF THE CONGRESS:

*Registration, acceptance of applications for participation in the Congress*  
from **01.10.2024** to **10.04.2025**

*Acceptance of scientific materials (articles and reports) for publication in the Collection of materials of the Congress (RSCI supported)*  
from **01.10.2024** to **01.02.2025**

- Payment for the publication of articles before **01.03.2025**
- Payment of the participant registration fee from **01.10.2024** to **10.04.2025**
- The Congress will be held on April **16, 17, 18, 2025**

*\*By **March 20, 2025**, each participant must confirm their presentation with a report (form of participation).*

## THE PROCEDURE OF PARTICIPATION IN THE CONGRESS:

**ATTENTION:** The Congress will be held in a mixed mode (offline/online) using modern information technologies, *online participation is free (an electronic certificate of the Congress participant will be sent to online participants)*

**For online and remote participation** in the Congress, you must *register on the official website of the Congress* and pay **the publication fee** (*payment for publication is made only after confirmation by the scientific committee that your materials are applied for publication*).

**To participate** in the Congress in person, you must **register** on the **official website of the Congress**, pay the publication fee, and **also pay the registration fee**.

**The publication fee and registration fee** are paid by bank wire transfer to the account of the IPO "Sport, People and Health" (**details of the organisation** are on the website and in Appendix No. 3).



## **REGISTRATION FEE**

- *full-time participant*

**When paying before 01.01.2025 - 120 €**

**After 01.01.2025 - 185 €**

- publication of one article for **offline/online** participants - **25 €**,  
**two** articles - **50 €** .

(Payment is made for the publication of the article and does not depend on the number of co-authors. *No more than 4 co-authors are allowed*).

The printed Collection of Materials of the Congress is not included in the publication fee

*\*The cost of publishing an article for the staff – organisers and co-organisers of the Congress - 12 €*

A **printed and electronic** Collection of Materials of the Congress will be published with the full text of scientific articles of the Congress participants. The collection will be posted in the RSCI.

*In case of **full-time** participation in the Congress of several co-authors of the report, each of them must register on the website.*

### **The registration fee (Forum participant package) includes:**

- Accreditation and registration card of the Participant
- Access to the events of the scientific program of the Congress
- Access to the events of the Exhibition
- Participant's package (information and reference materials: A collection of Congress materials on a USB flash drive, agenda, souvenirs)
- Meals (coffee breaks, lunches)
- Certificate of the participant (*for remote participants – electronic certificate of the participant*)
- Welcome Gala Dinner and festive concert (*by separate invitation*)
- Offsite venues (additional registration will be required on the first day of the forum)
- Cultural (excursion) program (additional registration will be required on the first day of the forum)

**Attention:** Travel expenses to St. Petersburg, living expenses are *not included* in the Package of the Forum participant.



### **SCHEDULE OF THE CONGRESS:**

**April 16** – registration of participants, Opening ceremony of the Congress, plenary session, offsite venues

**April 17** – work of scientific sections, panel sessions, round tables, master classes

**April 18** – final plenary session, closing of the Congress, cultural (excursion) program

### **VENUE OF THE CONGRESS:**

Cosmos Saint-Petersburg Pribaltiyskaya Hotel, the largest congress hotel in St. Petersburg.

**Address:** Russia, St. Petersburg, Korablestroiteley str., 14

The official languages of the Congress are **English and Russian**.

Simultaneous interpretation of all meetings will be provided at the congress.

**THE CONGRESS** is supported by the Ministry of Sports of the Russian Federation, the Russian Olympic Committee, and the Government of St. Petersburg.

### **ORGANISERS OF THE CONGRESS:**

- International Public Organisation for the Promotion of Science and Sport "Sport, People and Health" (Saint Petersburg, Russia)
- National State University of Physical Culture, sports and health named after P.F Lesgaft (Saint Petersburg, Russia)
- International Sambo Federation (FIAS) (Lausanne, Switzerland)

### **CO-ORGANISERS OF THE CONGRESS:**

- St. Petersburg State University (Saint Petersburg, Russia)
- The Committee for external relations (Saint Petersburg, Russia)

### **ORGANISING COMMITTEE OF THE CONGRESS:**

8 Malaya Morskaya str., Saint Petersburg, 191186, Russia

Tel/fax: +7 (812) 571-22-34, mobile phone for inquiries in russian +7 (981) 048-00-25, For inquiries in english call (GMT+3) +7 (921) 941-23-41

E-mail for correspondence with the Organising and Scientific Committee of the Congress: [sporthealth.spb@gmail.com](mailto:sporthealth.spb@gmail.com)

*Registration of participants and full information about the conditions for participating are available on the official website: <http://www.sport-health.ru>*



Appendix No. 1

Thank you for your interest in the St. Petersburg XII International Congress "Sport, People and Health"!

**To apply for participation in the Congress, fill out the FORM**

**APPLICATION FORMS** (to be filled in on the Congress website during REGISTRATION)

*\*Each co-author of the article must also register on the website.*

1. Address (Mr., Mrs., Professor (Dr), Professor (Prof), other address)
2. Surname, first name, patronymic (in Russian)
3. Surname, first name (in English) ("Middle name" for foreign citizens) (in English)
4. Date of birth (day\month\year)
5. Country of residence
6. Area
7. City
8. Place of work/study (full official name of the organisation)
9. Structural division of the organisation (without abbreviations)
10. Position (without abbreviations)
11. Academic title, degree, honorary (sports) title (if any, indicated without abbreviations)
12. Postal address with ZIP code
13. Contact phone number (indicating the country code, city)
14. E-mail (required!)
15. Title of the article
16. Co-authors (**not more than four**) (full name in Russian and English)
17. Number and name of the Congress section
18. Form of participation (in person/remote/online)

**Note:** Please consider your accommodation and travel expenses in advance.

You can book a room at a reduced rate for forum participants at Park Inn Radisson "Pribaltiyskaya", where the Congress will take place, using a special hotel link (the link will be posted on the Congress website in February 2025).

I hereby confirm my consent to the processing of personal data

I confirm my consent to the implementation of photo, audio and video recordings, as well as broadcasting of Congress events with my participation





## REQUIREMENTS AND RECOMMENDATIONS FOR THE DESIGN OF SCIENTIFIC ARTICLES ACCEPTED FOR PUBLICATION IN THE PROCEEDINGS OF THE CONGRESS.

THE END OF THE RECEPTION OF SCIENTIFIC MATERIALS IS **FEBRUARY 01, 2025**.

- For **UNREGISTERED** participants: it is necessary to pass **REGISTRATION** on the Congress website, log in to your **PERSONAL ACCOUNT**, using the username and password you received during registration, and click on "*Download the scientific report article*".
- Articles that have scientific novelty, relevance, and practical significance, and are formatted according to these requirements, will be considered for publication.
- The content of the articles should correspond to the **scope of the Congress**.
- Articles containing signs of falsification of research results, original data, and information, as well as plagiarism - presenting someone else's ideas and achievements as their own, and using other people's texts without citing the source - will not be published.
- Materials must be designed in accordance with the requirements and submitted in Russian or English (translations made by means of an automatic online translator without appropriate editing are not accepted).
- The volume of the article is **up to 6 full A4 pages**, including the list of literature, tables and figures, the orientation of the sheet is "vertical".
- Text editor: **Microsoft Word** for Windows version 6.0 and higher.
- Page margins: top, bottom, right - 2.0 cm, left 3.0 cm.
- Font type: Times New Roman, font size – 14 pt.
- Line spacing – **one and a half**, width alignment. Without text wrapping.
- Paragraph indentation, the same throughout the text - 1.0 cm.



- When sending the article for the review, it is necessary to point out the UDC of the article in accordance with the tables found via link: <https://teacode.com/online/udc/>

The Scientific Committee reserves the right to reject articles that do not correspond to the thematic areas of the Congress, or the design requirements, or received by the Scientific committee later than **FEBRUARY 01, 2025**, as well as to the final editing of articles when they are published.

Notification of the authors on the status of the publication of the article in the Collection by **MARCH 01, 2025**, on the inclusion in the program of oral or poster reports of the Congress - no later than **MARCH 31, 2025**.

*\*By **March 20, 2025**, each participant must confirm their presentation with a report (form of participation).*

#### **RECOMMENDED ARTICLE CONSTRUCTION SCHEME:**

1. Number and name of the Congress section.
2. UDC.
3. The title of the article in Russian and English: font 14, Times New Roman, capital letters, bold, formatting - in the center of the page.
4. The authors' surnames and initials, title, academic degree in Russian and English: under the title, font 14, Times New Roman, formatting — in the center of the page.
5. Abbreviated official name of the organization in Russian and English: under the surnames and initials of the authors, font 14, Times New Roman, formatting — in the center of the page.
6. City and country in Russian and English (specify for each author): under the name of the organization, font 14, Times New Roman, formatting — in the center of the page.
7. A brief **summary** of the article in Russian and English (up to 500 characters with spaces), which should include the following aspects: subject, topic, purpose of the work, method and methodology of conducting the work, results of the work, application area of the results, conclusions.
8. Keywords (in Russian/English languages) are selected from the text of the material (at least 3 and no more than 10) and placed on a separate line after the abstract. The keywords are given in the nominative case.





9. Entries 3-8 are to be written in English and Russian languages separately. Names of the authors must be transliterated.
10. A brief introduction (where existing results in this field of study and the objectives of the work aimed at achieving new knowledge need to be presented).
11. Research methods (materials and methods).
12. Research results and their analysis.
13. Conclusion (conclusions).
14. The number of co-authors in one article is allowed no more than 4.
15. All bibliographic sources presented in the publication should be referenced in the text of the article: registration according to GOST 7.0.5-2008.
16. The bibliographic list in alphabetical order is placed at the end of the article: registration according to GOST R 7.0.100-2018.

\*Footnotes in the text of the article are placed in square brackets directly in the text or at the end of the sentence, indicating first the number of the source according to the list of references, then, separated by a comma, the page number, the dot at the end of the sentence is placed after square brackets, for example [1, p. 21].

**Note:**

a) **drawings (graphs, charts)** in Word. Excel editors, placed in the text, must be **black and white and presented as separate files.**

Pictures, graphs and formulas must be available for modification.

Diagrams and graphs made in Excel are to be presented in Excel files.

Pictures made with special software should be saved in vector format and exported to "eps" format.

When saving in rastered format it is necessary to ensure the high quality of the picture (non less than 300 dpi).

Mathematical formulas are to be made in formula redactors such as MathType or MS Word's built in redactor.

Labels and other markings on charts and drawings must be clear and easily readable

b) each article is designed as a separate file



You must specify **the purpose of the payment:**

- *XII International Congress "Sport, People and Health"*
- *payment of publication/registration fee*
- *Full name of the Congress participant*

To confirm the payment, we ask you to provide a copy of the payment document by e-mail: [sporthealth.spb@gmail.com](mailto:sporthealth.spb@gmail.com)

\*All commission fees are paid by the sender (payer).

### Company details:

Full name: **International Public Organisation for the Promotion of Science and Sport "Sport, People and Health"**  
Short name: IPO "Sport, People and Health"  
TPIN: 7814160983  
KPP code: 781401001  
OGRN: 1117800001274  
OKPO: 90788612  
OKTMO: 40323000  
OKVED: 94.99  
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Payment account: 40703810400000003990  
BIC: 044525411  
Correspondent account: 30101810145250000411  
Executive Board Chair: Shestakov Vasily Borisovich (under the Charter)