



LOCATION

Saint Petersburg, Russia

DATES

28–30 April 2027

CONGRESS WEBSITE

sport-health.ru/en

REQUIREMENTS AND RECOMMENDATIONS

for preparing research papers accepted for publication in the Congress proceedings

SUBMISSION OF **CONFERENCE PAPERS** – 01.10.2026–01.02.2027

SUBMISSION OF **SCIENTIFIC MATERIALS CLOSES** – 1 February 2027

Dear colleagues,

Please note the following rules for registration and for submitting materials for publication:

Deadline: submission of scientific materials closes on 1 February 2027.

Registration: all authors and co-authors of papers must register on the Congress website.

Certificates: personalised electronic participant certificates will be sent to the email address given at registration.

Selection criteria: papers accepted for publication must be topical and demonstrate scientific novelty and practical relevance.

Submitting materials: the final version of the paper must be uploaded to the participant account on the Congress website by one of the authors or co-authors (or sent to the Congress email address: info@sport-health.ru).

Subject matter: the content of the work must correspond strictly to the themes of the Congress scientific sections.

Ethics: papers showing signs of plagiarism or of falsification of data or research findings will not be accepted for publication.

Language of publication: materials are accepted in Russian or English (unedited machine translation will be rejected).

Formatting: all texts must be prepared in strict accordance with the technical requirements that have been established.

REQUIREMENTS AND RECOMMENDATIONS

Paper length – up to 6 full A4 pages, including the reference list, tables and figures; portrait orientation.

All **figures and tables** must be captioned.

Word processor: Microsoft Word for Windows, version 6.0 or later.

Page margins: top, bottom and right - 2.0 cm; left 3.0 cm.

Typeface: Times New Roman, font size – 14 pt.

Line spacing – 1.5; text justified to the page width; no hyphenation.

First-line indent, uniform throughout the text - 1.0 cm.

When the paper is submitted, it must carry a paper index (**UDC**) taken from the Universal Decimal Classification tables available in libraries (<http://teacode.com/online/udc/>).

The Scientific Committee reserves the right to reject papers that do not correspond to the themes of the Congress or to the formatting requirements, or that are received by the Scientific Committee after 1 February 2027, and the right to carry out final editing of papers for publication. The Scientific Committee may also decide to move a paper presentation to a poster presentation.

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Authors will be notified of the publication status of their paper in the proceedings by 1 March 2027, and of inclusion in the Congress programme of oral or poster presentations no later than 10 April 2027.

Important information for speakers:

To have a presentation included in the final Congress programme, between 15.03.2027 and 31.03.2027 you must:

1. Confirm your participation format (in person / online) and your presentation.
2. Send a confirmation letter to the Congress email address: info@sport-health.ru

REQUIREMENTS AND RECOMMENDATIONS FOR ONLINE PRESENTERS

Step-by-step plan and key deadlines:

Registration and payment: complete registration on the website. Pay for publication strictly after the materials have been approved by the Scientific Committee.

By 1 April 2027: send an email to: info@sport-health.ru

State the format (online presentation) and the speaker's full name.

By 1 April 2027: send the completed presentation to the same address, info@sport-health.ru

(see the requirements for formatting oral presentation slides).

2–5 days before the start: you must complete individual technical testing (the process is overseen by the section moderators). Without it, the speaker is excluded from the programme (the date and time of testing will be agreed with each speaker in advance).

Before the Congress: obtain a personal link for signing in to the video conferencing system (individual links for taking part in Congress events will be sent to all online presenters).

The presentation link may not be passed on to third parties (participants who are not presenters will have a general viewing link for the online broadcast on the home page of the Congress website).

Technical requirements

Internet and connection: a stable connection with a speed of at least 15 Mbit/s; a wired connection is preferable to Wi-Fi.

Equipment: a desktop or laptop computer with an up-to-date browser, a working webcam (resolution of HD 720p or higher) and an external microphone or headset free of background noise.

Software: video conferencing software installed (Zoom)

It is recommended that the workstation for the video conference be positioned so that windows are to the side of or in front of the participant, keeping them out of shot behind the participant in order to avoid overexposure.

During the individual technical test you must make sure that the microphone and sound are working correctly and try sharing your screen or a window with the presentation open.

Timing and format of the presentation

Time: strict observance of the time limit (up to 12 minutes) and readiness to answer questions at the end of the presentation.

Place: a quiet room with a neutral background and good frontal lighting on the face.

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Attendance: join the broadcast 15–20 minutes before your own section begins in order to check sound and video.

RECOMMENDED STRUCTURE OF THE PAPER

1. Number and title of the Congress section.
2. UDC.
3. Title of the paper **in Russian**: font 14, Times New Roman, capital letters, bold, formatting - centred on the page.
4. Full surnames, first names and patronymics of the authors, their title and academic degree **in Russian**: below the heading, font 14, Times New Roman, formatting — centred on the page.
5. Full official name of the organisation **in Russian**: below the authors' surnames and initials, font 14, Times New Roman, formatting — centred on the page. It is given for each author as a footnote if the co-authors are from different organisations.
6. City and country **in Russian** (to be given for each author): below the name of the organisation, font 14, Times New Roman, formatting — centred on the page.
7. A short abstract of the paper **in Russian** (up to 500 characters including spaces), which must cover the following aspects: the subject, the topic, the aim of the work, the method and methodology used, the results of the work, the field of application of the results, the conclusions.
8. Keywords (**in Russian**) are selected from the text of the material (no fewer than 3 and no more than 10) and placed on a separate line after the abstract. Keywords are given in the nominative case.
9. Title of the paper **in English**: font 14, Times New Roman, capital letters, bold, formatting - centred on the page.
10. Full surnames, first names and patronymics of the authors, their title and academic degree **in English**: below the heading, font 14, Times New Roman, formatting — centred on the page.
11. Full official name of the organisation **in English**: below the authors' surnames and initials, font 14, Times New Roman, formatting — centred on the page. It is given for each author as a footnote if the co-authors are from different organisations.
12. City and country **in English** (to be given for each author): below the name of the organisation, font 14, Times New Roman, formatting — centred on the page.
13. A short abstract of the paper **in English** (up to 500 characters including spaces), which must cover the following aspects: the subject, the topic, the aim of the work, the method and methodology used, the results of the work, the field of application of the results, the conclusions.
14. Keywords (**in English**) are selected from the text of the material (no fewer than 3 and no more than 10) and placed on a separate line after the abstract. Keywords are given in the nominative case.
15. A short introduction (where it is necessary to present the existing findings in the given field of study and the aims of the work directed at obtaining new knowledge).
16. Research methods (materials and methods).
17. Research results and their analysis.
18. Conclusion (findings).
19. No more than 4 co-authors are permitted in a single paper.

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20. All bibliographic sources presented in the publication must be cited in the text of the paper: formatted in accordance with GOST 7.0.5-2008.

21. The bibliography, in alphabetical order, is placed at the end of the paper: formatted in accordance with GOST R 7.0.100-2018.

*Citations in the text of the paper are placed in square brackets, either directly in the text or at the end of the sentence, giving first the number of the source in the reference list and then, after a comma, the page number; the full stop at the end of the sentence is placed after the square brackets, for example: [1, p. 21].

Note:

1) figures (graphs, diagrams) in Word or Excel placed in the text must be black and white only and must be supplied as separate files.

2) Figures, diagrams and formulae must be editable.

3) Charts and graphs created in Excel must be supplied in Excel. 4) Graphics produced using specialised application software must be saved in vector form and exported to EPS format. If saved in raster form, a high image resolution must be ensured (at least 300 dpi).

5) Mathematical expressions must be produced in the MathType equation editor or the one built into MS Word.

6) Labels, illustrations and other markings on graphs and figures must be clear, easy to read and in the language of the publication.

7) Figures and tables must be captioned.

- The caption text is placed below the figure or diagram, for example: Fig. 1. Title.

- The table title is written above the table, for example: Table 1. Title. Tables must not be scanned; they must be created in MS Word or MS Excel.

8) Photographs must be supplied electronically in .tif or .jpeg format. Resolution of at least 300 dpi. The image must not be distorted — stretched or compressed — and the proportions of the original must be preserved.

9) The source of data and illustrative material must always be given. Example:

Compiled from: [Ivanov, 2002] or Source: [Ivanov, 2002, pp. 5-6].

No references are needed for the author's own material used in the paper.

10) If a photograph (figure) is taken from a stock photo library that permits free downloading of content, the following must be given: the name of the photo library and its website, a link to the resource, the full name or pseudonym of the photographer, and the year the photograph (figure) was created or published.

11) Each paper is prepared as a separate file.

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AN EXAMPLE OF PAPER FORMATTING IS GIVEN BELOW

SAMPLE PAPER FORMATTING

Section 2. Prospects for strengthening and developing the international sports movement in the modern world. Ways to overcome the political and social consequences in sport caused by the distortion of the values underpinning Olympism. New approaches and directions for renewing and developing the international competition system.

UDC 32:796

**ПЕРСПЕКТИВЫ РАЗВИТИЯ РОССИЙСКО-КИТАЙСКОГО СОТРУДНИЧЕСТВА В ОБЛАСТИ
ФИЗИЧЕСКОЙ КУЛЬТУРЫ И СПОРТА**

*Ашкинази Сергей Максимович¹, Сытник Галина Владимировна¹, Никитин Александр Александрович¹,
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Аннотация. В данной статье обобщаются данные по российско-китайскому сотрудничеству в области физической культуры и спорта за последние 20 лет, взятые непосредственно из китайских источников. В результате выполненного систематизированного литературного обзора выявлено, что несмотря на геополитический кризис и ужесточения санкций две сильнейшие державы Россия и Китай продолжают развивать российско-китайское сотрудничество в области физической культуры и спорта.

Ключевые слова: российско-китайское сотрудничество, Россия, Китай, спорт, физическая культура.

**PROSPECTS FOR THE DEVELOPMENT OF RUSSIAN-CHINESE COOPERATION IN THE FIELD OF
PHYSICAL CULTURE AND SPORTS**

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Abstract. This article summarizes data on Russian-Chinese cooperation in the field of physical culture and sports over the past 20 years, taken directly from Chinese sources. As a result of a systematic literature review, it was revealed that despite the geopolitical crisis and the tightening of sanctions, the two strongest powers, Russia and China, continue to develop Russian-Chinese cooperation in the field of physical culture and sports.

Keywords: Russian-Chinese cooperation, Russia, China, sport, physical culture

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