



INFORMATION LETTER

XIII International Scientific Congress “SPORT, PEOPLE AND HEALTH”

Dedicated to the 130th anniversary of the Lesgaft National State University of Physical Culture, Sport and Health

April 28–30, 2027 · St. Petersburg, Russia

Dear Colleagues!

The International Public Organisation for the Promotion of Science and Sport “Sport, People and Health”, the Lesgaft National State University of Physical Culture, Sport and Health and the International Sambo Federation invite you to take part in the XIII International Scientific Congress “Sport, People and Health”.

The Congress is a world-class forum for in-depth discussions on pressing issues facing the international sports movement. It is intended for researchers and university teaching staff, coaches and specialists in athlete preparation, sports physicians and psychologists, representatives of international and national sports federations, Olympic committees and bodies governing sport and healthcare, specialists in adaptive physical culture, as well as postgraduate students and students of relevant fields of study.

MAIN SCIENTIFIC THEME

“Strengthening and development of the international sports movement. Uniting and bringing people together around Olympic ideals, principles and the moral values of sport”

KEY INFORMATION

Dates of the Congress	April 28, 29 and 30, 2027
Venue	Cosmos Saint-Petersburg Pribaltiyskaya Hotel – the largest congress hotel in St. Petersburg (14 Korablestroiteley Street)
Format	Mixed mode: in-person and online participation
Working languages	Russian and English. Simultaneous or consecutive interpretation will be provided at all events of the forum
Registration	from 01.10.2026 to 20.04.2027
Acceptance of articles	from 01.10.2026 to 01.02.2027
Publication	Electronic Collection of Materials of the Congress with the full text of the scientific articles; posted article-by-article and indexed in the RSCI
Certificate	Electronic certificate of the Congress participant for both offline and online participants
Registration fee	Offered personally / become a partner
Website and registration	https://sport-health.ru/en/



GOALS OF THE CONGRESS

- Comprehending the challenges confronting contemporary sports stemming from the crisis and renewal of the international sports movement, and identifying solutions for overcoming these challenges;
- Fostering the integration of efforts by the international scientific community, public organisations and government agencies from different countries to comprehensively address contemporary sports issues, uphold Olympic ideals and principles, promote moral values in world sports, and advance the physical and spiritual-moral development of society;
- Unification of efforts of international and national organisations in systematising and disseminating innovative projects and best practices aimed at the harmonious development of the individual within physical culture, sports, healthcare and education systems.

SCOPE, SECTIONS AND PANEL SESSIONS

The International Sports Movement and Olympic Values

1. The Role of International Sports Organisations in Preserving and Strengthening Olympic Ideals and Principles and the Moral Values of World Sport. Philosophical, Historical, Culturological, Axiological, Humanistic and Ethical Components of the Olympic, Paralympic and Deaflympic Movements and of the World “Sport for All” Movement.
2. Prospects for Strengthening and Developing the International Sports Movement in the Modern World. Ways of Overcoming the Political and Social Consequences in Sport Caused by the Distortion of the Worldview Values of Olympism. New Approaches and Directions for the Renewal and Development of the International Competition System.

Athlete Preparation: Pedagogy, Medicine, Psychology

3. Pedagogical and Scientific-Methodological Aspects of High-Performance Sport and Sports Reserve Training.
4. Medical-Biological Support for Athlete Preparation. The Role of Sports Medicine in Athletic Training.
5. Medical Issues of Athlete Preparation and of Activities in the Sphere of Physical Culture and Moderate-Intensity Physical Activity: Competition Support, Treatment and Rehabilitation.
6. Psychological Support for Athlete Preparation. Psychological Aspects of Physical Culture and Health-Improving Activities.

Education, Innovation and the Training of Specialists

7. Innovative Projects and Best Practices Aimed at the Harmonious Development of the Individual in the Systems of Physical Culture, Sports and Education of Different Countries of the World.
8. Training and Advanced Training of Specialists in the Sphere of Physical Culture and Sports in Modern Socio-Cultural Conditions. Olympic Education for Various Population Groups.

Inclusion and Adaptive Sport

9. Adaptive Physical Culture and Adaptive Sport in the System of Comprehensive Rehabilitation and Habilitation of Persons with Disabilities. Pedagogical and Scientific-Methodological Aspects of Paralympic Sport.



Digital Technologies in Sport

10. Digital Transformation of Physical Culture and Sport in the Countries of the World. The State and Prospects of Development of Computer, Phygital and High-Technology Sports in World Sports Systems.

Mass and Applied Sport

11. Pedagogical and Scientific-Methodological Aspects of Sport for All, Mass and Unstructured Physical Culture.
12. Professional-Applied and Service-Applied Sports: Actual Issues, Psychological Aspects, Innovative Approaches, Prospects.

Communications, Diplomacy and Governance

13. The Role of the Media, the Information Environment and Sports Diplomacy in Preserving Olympic Ideals and Principles and the Moral Values of World Sport.
14. Organisational, Legal and Resource Support for the World Sports Movement and the World “Sport for All” Movement.

PANEL DISCUSSIONS, ROUNDTABLE AND MASTER CLASSES

Panel discussions

- ♦ *“National Sports Arbitration”*
- ♦ *“Issues of Sports Cardiology: Risk Zones and Adaptation”*
- ♦ *“Youth, Sport and Education: Shaping the Leaders of the Future through Physical Culture and Sporting Values”*

Roundtable

- ♦ *“Modern Sports Diplomacy: A Values-Based Approach”*

Master classes

- ♦ Adaptive sambo: experience, prospects, development of competition rules
- ♦ Active longevity
- ♦ Applied martial arts
- ♦ Phygital sport

An EXHIBITION **“SPORT AND HEALTH”** will be held in the framework of the Congress.

SCHEDULE OF THE CONGRESS

April 28	Registration of participants, Opening ceremony of the Congress, opening of the Exhibition, plenary session, offsite venues
April 29	Work of scientific sections, panel sessions, round tables, master classes
April 30	Panel sessions, closing plenary session, closing of the Congress, cultural (excursion) programme



JOIN US

1. Register on the official website <https://sport-health.ru/en/> – from 01.10.2026 to 20.04.2027.
2. Submit your scientific report article for publication in the Collection of Materials of the Congress – articles are accepted from 01.10.2026 to 01.02.2027 (see the requirements for the layout of articles on the <https://sport-health.ru/en/submission>).
3. Once your article has been accepted, pay for its publication.
4. Pay the registration fee (see the amount in the participation package on the Congress website).
5. Receive confirmation from the Organising Committee.
6. **The Organising Committee will advise you on all further steps and, if necessary, provide visa support (a visa voucher and a personal invitation letter).**

SUPPORT AND ORGANISERS

The Congress is supported by the Ministry of Sports of the Russian Federation, the Russian Olympic Committee and the Government of St. Petersburg.

Organisers

- International Public Organisation for the Promotion of Science and Sport “Sport, People and Health” (St. Petersburg, Russia)
- Lesgaft National State University of Physical Culture, Sport and Health (St. Petersburg, Russia)
- International Sambo Federation, FIAS (Lausanne, Switzerland)

Co-organisers

- St. Petersburg State University (St. Petersburg, Russia)
- The Committee for External Relations of St. Petersburg (St. Petersburg, Russia)

ORGANISING COMMITTEE CONTACTS

Address	8 Malaya Morskaya Street, St. Petersburg, 191186, Russia
For inquiries in Russian	+7 (981) 048-00-25
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E-mail	info@sport-health.ru
Official website	https://sport-health.ru/en/

Registration of participants, requirements for the design of articles, conditions for participation and the current programme of the Congress are available on the official website <https://sport-health.ru/en/>

Yours sincerely,

The Organising Committee of the Congress